

# Marishka

## Your Personal Guide In Life

### Numerology

#### The Flow of the Nine-Year Cycle

In numerology, each year of your life is part of an evolving pattern that can be described as a nine-year cycle. The Personal Years form the building steps that mark your progress through life. Your maturity and development take place in nine-year stages. Each has a natural rhythm and flow. These cycles begin at your birth and progress one by one through the nine years. Then begin again. Each numbered year has a theme and its' own characteristic and is distinguished by the opportunities offered during that period.

While you are personally evolving the planet at large is also progressing through a nine- year cycle, which influences you. This planetary cycle is called the Universal Year Cycle. Individual years in that nine-year period are found by reducing the four digits of any particular year to a single-digit number.

**Example 1:**

The Universal Year for 2010 is arrived at by adding  $2 + 0 + 1 + 0 = 3$

**Example 2:**

The Universal Year for 2019 is arrived at by adding  $2 + 0 + 1 + 9 = 12$  which reduced is **3** ( $1 + 2$ )

#### Your Personal Year. What it Means.

- 1. New beginnings, high energy, setting new goals.**
- 2. Co-operation, sensitivity and relationship. Finding balance and harmony.**
- 3. Creative ideas, expressing yourself. Growth and new experiences.**
- 4. Putting down roots, solid foundation, stability.**
- 5. Change, risk taking and freedom.**
- 6. Attending to domestic affairs, family obligations, nurturing.**
- 7. Turning inward, contemplation, analyzing.**
- 8. Achievement, recognition, reward.**
- 9. Completion, release, letting go, transition.**

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